

ALIGN WITH LIFE – ALPHABIOTICS SEDONA

A PRIVATE MEMBERSHIP ASSOCIATION

ABOUT ALPHABIOTICS



ALIGN WITH LIFE MISSION & PURPOSE

At Align With Life Private Membership Association, our mission is to assist clients on their journeys to understand and bring balance to the chronic stress in their lives. We consider our mission a commitment to our clients. We deliver on our commitment by providing medium through which those interested to take a proactive stance against chronic stress can gather together and express themselves through the pursuit of common interests.

We act to encourage and promote innovation and creativity in the fields of preventative wellness, chronic stress relief, whole brain function, and human potential. We strive to improve the standard of living in our community by teaching others about the implications of unrelieved chronic stress and empowering them with information and tools to assist them in managing the chronic stress in their lives. All Services, Products and Information are provided to clients for the one purpose of assisting them to gain and maintain balanced stress release so that they might attain greater congruence of body, mind, and spirit and live their highest potential.

ABOUT ALPHABIOTICS SERVICES



Alphabiotics is a human service profession concerned with addressing weakening effects that are caused by chronic unrelieved stress in the human body, one of human-kind's greatest individual modern-day challenges. An Alphabiotics lifestyle involves an integrative program that fuses ancient wisdom and teachings with modern techniques for stress relief and self-empowerment. Alphabiotics professionals, called Certified Developmental Alphabioticians, assist people interested to take a proactive stance against the weakening effects of persistent physical, chemical, mental, spiritual, and emotional chronic stress. Alphabiotics is about cause-correction, stress recovery and life enhancement; Alphabioticians value all life. *Alphabiotics is not, in any way, associated with the Chiropractic profession or any other medical professions.*

THE ALPHABIOTICS ALIGNMENT PROCESS

The Alphabiotics Alignment Process (the “**Alignment**”) is an authentic Alphabiotics Service shared for the purpose of assisting the Participant on their journey to balance the stress in their lives. The Alignment likely to be an entirely new experience. The Alignment involves a gentle and safe hands-on technique that is delivered by a Certified Developmental Alphabiotician through a pair of assisted movements of the participant's head.

What to Expect on First Alphabiotics Visit:

First Visit Consultation: After you complete all Participant forms, your Alphabiotician will meet with you for an in-depth consultation to get to know you, answer any questions you may have, and discuss whether Alphabiotics can assist you in reaching your goals.

Participation in Alphabiotics Alignment Process: If you choose to participate in an Alphabiotics Alignment, you will lay your back on a specially designed Alphabiotics Table. Your Alphabiotician will begin by coaching you through stress observation exercises during which he/she will be communicating with you about your body's observable stress pattern. Next, your Alphabiotician will gently cradle your head in a neutral position. As you relax comfortably into this position, your Alphabiotician will deliver an Alignment through a precise, quick movement of your head. The entire process takes less than a minute to do.

The Alphabiotics Alignment has been shared in the United States for nearly 100 years. Hundreds of thousands (if not millions) of Alignments have been shared by Certified Developmental Alphabioticians and, to date, no participants have been injured as a result of receiving an Alignment. The Alignment Process may be unique and unfamiliar, but it is not harmful.

BENEFITS ASSOCIATED WITH ALPHABIOTICS ALIGNMENT PROCESS

The Alignment is a unique technique specially designed (with meticulous precision and intimate knowledge of the human body) to transmit/communicate a non-threatening high sensory input directly to the participant's brain. The Alignment process assists the participant's brain to release non-beneficial stress in the body and streamline communications between brain hemispheres, thereby, empowering the innate natural abilities of the human body to balance and heal itself.

When the participant's brain receives a high sensory input during an Alignment, a stress pattern interrupt occurs. The pattern shift encourages the brain to execute a "systems check" so to determine whether there are any real threats present to suggest the brain must continue holding the participant's body in a constrictive stress state. When this happens, like a reboot to a computer, the brain responds by releasing its hold on unnecessary stress in the body. Because everybody has their own unique stress patterns, everybody's stress release experience will be different.

A number of benefits have been reported to be experienced instantaneously after receiving of an Alignment, including dramatic reductions in muscle tension, improved balance, improved posture, increased flexibility, deeper inspiration, and, most importantly, clarity of thought and calm inner peace. When a person comes out of an unbalanced stress-state, they look better, think better, feel better, and live life better.

LIMITATIONS OF ALPHABIOTICS SERVICES

Certified Developmental Alphabioticians are skilled stress relief professionals, but they are not medical doctors. Accordingly, they do not diagnose medical diseases or musculoskeletal conditions and Alphabiotics is not intended to be a substitute for medical examination and treatment. Alphabioticians will offer teachings, information, opinions, and products, however, they do not prescribe drugs or medical treatments. Similarly, Alphabioticians do not perform spinal adjustments and they do not provide mental health counseling.

If you are ever experiencing symptoms or conditions that lead you to believe you may have a medical condition, it is recommended that you visit a physician for diagnosis and treatment.

POTENTIAL RISKS AND ADVERSE REACTIONS TO ALPHABIOTICS ALIGNMENT PROCESS

Although not anticipated, it is possible you may experience adverse reactions as a result in your participation in Alphabiotics. In the 24-48 hours after receiving an Alphabiotics Alignment, less than 5% of individuals may experience adverse reactions (also referred to as corrective changes). These are completely normal. When stress in the body is released quickly, the system begins to detoxify and move towards homeostasis.

During a detoxification process, undesirable substances are mobilized by the body through the blood stream before being removed through the lymphatic system. When a high load of toxins is mobilized, it is possible to experience cold or flu-like symptoms. This cleaning process might not be pleasant, but should pass fairly quickly and leave you feeling better afterwards. You may also experience emotional releases, feelings of irritability, edginess, or being 'out of sorts'.

After an Alphabiotics Alignment you might feel like you just did a major workout at the gym in terms of muscle or joint stiffness or soreness. Imagine walking around for years with a lift in one shoe. If your body contorted to adapt to that lift, then suddenly removing it might take a little getting used to. Rest and stretching can assist with this. If any adverse reactions occur, it is recommended that the participant eat light, drink plenty of water, get some fresh air, and rest. If any of reactions concern you, call your Alphabiotician immediately.

By signing below, I am acknowledging that I have read and fully understand the above information.

Participant's Signature: _____

Date: _____

Parent or Guardian's Signature: _____

(If Participant is a Child under 18 years of age or a legal Dependent)

